

Date: _____

Dear _____,

The _____ has recently been notified of a coronavirus disease 2019 (COVID-19) case. Based on the information known and guidance from Centers for Disease Control and Prevention (CDC), **you have been identified as a close contact to a COVID-19 case.**

If the person identified as a **close contact** is **not fully vaccinated** against COVID-19:

- You must self-quarantine and do not leave home (except to get medical care) until you have completed your quarantine period. You may not attend in-person school or participate in extracurricular activities (e.g., sports, clubs, etc.).
- You may be excluded from this building according to the language in [Executive Order 2021-25](#). The school will provide you with instructions to safely return to the facility.
- In addition to [quarantine](#), close contacts should be [tested](#) immediately after being identified, and if negative, tested again in 5–7 days after last exposure or immediately if symptoms develop during quarantine. A negative test will not shorten or reduce the quarantine period. Individuals who had close contact with a COVID-19 case may become infectious before they feel sick or have symptoms.
- **Self-monitor** for the following symptoms:
 - Cough
 - Shortness of breath or difficulty breathing*
 - Fever
 - Chills
 - Repeated shaking with chills (rigors)
 - Muscle or body aches
 - Confusion or change in mental status*
 - Headache
 - Sore throat
 - New loss of taste or smell
 - Nausea or vomiting
 - Diarrhea
 - Fatigue
 - Congestion or runny nose
 - Persistent pain or pressure in the chest*
 - Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone*
 - Inability to wake or stay awake*

*If you are showing any of [these signs](#), seek emergency medical care immediately.

If the person identified as a close contact is **fully vaccinated** against COVID-19:

- You should be **tested 5–7 days after** your last exposure, even if you don't have symptoms.
- **People who are fully vaccinated do NOT need to quarantine** after contact with someone who had COVID-19 **unless they have [symptoms](#).**

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- **Wear a well-fitted mask** consistently and correctly in public indoor settings, and **monitor** for symptoms.

People who have tested positive for current COVID-19 infection within the past 3 months and recovered, as long as they monitor symptoms daily for 14 days and do not develop new symptoms, do not need to get tested and do NOT need to quarantine.

Regardless of COVID-19 vaccination status and history of prior infection, if you develop symptoms within 14 days of this exposure, please do the following:

- **Stay home while ill** (self-isolation) except to get medical care, separate yourself from other people, **get tested** (testing site information is available [here](#)), and **monitor** your symptoms.
- **If your test result is positive, isolate at home for 10 days** and contact your healthcare provider.
 - You will still need to follow guidance at your workplace and local businesses.
- **Stay in touch with your healthcare provider**; call ahead before you get medical care.
- You should **wear a mask over your nose and mouth** if you must be around other people or animals, including pets, even at home. (You don't need to wear the mask if you are alone.)
- **Cover** your coughs and sneezes.
- **Clean** your hands often.
- **Avoid sharing** personal household items.
- **Clean** all "high-touch" surfaces every day.

To reduce your risk of getting and spreading COVID-19, for persons NOT currently in quarantine or isolation, **get a COVID-19 vaccine** as soon as possible when eligible, if not already vaccinated.

If you have additional questions regarding this COVID-19 exposure, please contact your school health staff at _____ More information is available at the following websites:

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

IDPH: <http://dph.illinois.gov/covid19>

DCHD: www.dupagehealth.org/covid19

We are committed to providing your child and school staff with a safe and healthy environment. Thank you for your understanding and ongoing cooperation with COVID-19 prevention practices that protect our school community.

Sincerely,

DuPage County Health Department

**STAY SAFE
DUPAGE**



WEAR
A MASK



WATCH
YOUR DISTANCE



WASH
YOUR HANDS



GET
VACCINATED

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